



Motivational Interviewing Competency Assessment (MICA) Training In-Person

COURSE LEARNING OBJECTIVES

- Identify the process of coding and coaching with the MICA manual
- Analyze Motivational Interviewing Microskills & verbal interventions accurately
- Recognize demonstrations of Motivational Interviewing intentions & strategies
- Develop a tangible decision tree for using the MICA and the MICA report system

DAY 1

9:00 AM – 10:15 AM

Check-In/Agenda Mapping
Overview of Coding Process
Verbal Interventions and Microskills

10:15 AM - 10:30 AM

BREAK

10:30 AM – 12 PM

Activity: Practice with Audio Examples
Feedback & Inner-Rater Reliability
(repeat as needed for accuracy)

12:00 PM – 1 PM

LUNCH

1:00 PM – 2:45 PM

Check-In/Debrief: Key Takeaways from
Yesterday
MICA Intentions In Depth Coverage

2:45 PM – 3:00 PM

BREAK

3:00 PM – 4:00 PM

Activity: Practice with Audio Examples
Feedback & Inner-Rater Reliability
(repeat as needed for accuracy)

DAY 2

9:00 AM - 10:15 AM

Check-In/Debrief: Key Takeaways from Yesterday
MICA Strategies & In Depth Coverage

Activity: Practice with Audio Examples
Feedback & Inner-Rater Reliability

10:15 AM - 10:30 AM

BREAK

10:30 AM – 12:00 PM

Repeat Activity & Feedback as needed for accuracy
Homework Assigned of Independent Coding
Between Now and Next Meeting

12:00 PM – 1:00 PM

LUNCH

1:00 PM - 2:45 PM

Key Independent Successes & Opportunities
for Improvement in Individual Coding
Inner-Rater Reliability Check
Coaching navigation of the homework audio

2:45 PM – 3:00 PM

BREAK

3:00 PM – 4:00 PM

Activity: Practice with Audio Examples
Feedback & Inner-Rater Reliability
Homework Assigned of Independent Coding
Between Now and Next Meeting

DAY 3

9:00 AM - 10:15 AM

Key Independent Successes & Opportunities
for Improvement in Individual Coding
Inner-Rater Reliability Check
Coaching navigation of the homework audio

10:15 AM - 10:30 AM

BREAK

10:30 AM – 12:00 PM

Activity: Practice with Audio Examples
Feedback & Inner-Rater Reliability

12:00 PM – 1:00 PM

LUNCH

1:00 PM – 4:00 PM (1-2 Breaks TBD)

Advanced Coaching with the MICA
MICA Resources